



Guelph Food Bank
Hunger Hurts Please Give

100 Crimea Street, Guelph , Ontario N1H 2Y6
Phone: 519-767-1380 Fax: 519-824-1640
Email: gfb@spiritwind.ca
Web site: www.spiritwind.ca

Become A Partner Donation Form

**Clients have continued to increase this year.
We are servicing 40 - 75 families per day.
We respond to each family individually to meet specific dietary needs.**

We are NOT GOVERNMENT or UNITED WAY FUNDED. We operate on individual and company donations of food and funds.

- We work as advocates on behalf of the clients.
- We offer budget counseling and nutrition information.
- We work in co-operation with other local agencies and food banks nation wide.

Our goal is to see people self sufficient, but your help is needed in the intern.

Volunteers Make the Difference!

With out thousands of volunteers supporting the operations of the Guelph Food Bank, food would never reach those who need it. Some volunteers donate their time, on a regular basis others are on call or are ready to appear at food drives and special events, and still others simply drop in when they have a spare hour or two to help. Volunteers over the age of ten are welcome, and we have jobs for all ages and capabilities, We simply could not operate without their care and dedication.

Volunteers are always needed to help:

- | | | |
|----------------------------------|---------------------------------|---------------------------------------|
| • Donating Food | • Assisting With Special Events | • Help in the Clothing Exchange |
| • Organizing a Food Drive | • Becoming and Office Volunteer | • Help in the Teaching Garden |
| • Making Cash Donations | • Sorting and Stocking Food | • CVI Tax Preparation |
| • Assisting During Food Drives | • Picking Up Donations | • Clinics for clients (March & April) |
| • Becoming a Warehouse Volunteer | • Joining "Become A Partner" | |

How To "Become A Partner"

Would you like to help us to help others? The need is great and increasing. The funds are limited, become a partner by donating to help meet the costs for general operations, printing materials, meat purchases, self help programs, and the list goes on.

I want to help and I am willing to donate:

- \$10.00
 \$15.00
 \$20.00
 \$25.00
 \$50.00
 \$75.00
 \$100.00
 Other Amount Please Specify _____

I am willing to make this contribution for a period of:

- Monthly
 Quarterly
 Semi-Annually
 Annually
 Other Amount Please Specify _____

I cannot make an on going commitment at this time but I would like to give \$ _____.

Name _____

Address _____

Phone (H) _____ Phone (W) _____ e-mail address _____

signature _____ Date _____

Cheques should be made payable to the Guelph Food Bank. 100 Crimea St, Guelph, Ontario, N1H 2Y6.
Established by Spiritwind Christian Centre. Registered Charity # 0768911-39
Donations of \$5.00 or more will receive an income tax receipt issued for tax time.